



International Conference on Gynaecological Endoscopy  
Nairobi • Kenya

## PRE-CONFERENCE WORKSHOPS Sunday 23rd August, 2015

### ENDOMETRIOSIS: What is best for our patients?

**Chairs :** *Abri de BRUIN (South Africa)*  
*Kurian JOSEPH (India)*

**Faculty :** *Resad PASIC (USA)*  
*J. Gichuhi WANYOIKE (Kenya)*  
*Matteo SALDARI (Italy)*  
*Matthew SEIDHOFF (USA)*  
*PG PAUL (India)*  
*Stergios TZITZIMIKAS (Greece)*

**Venue :** Royal Orchid Azure Hotel, Nairobi

**Sponsor :** **Bayer Pharmaceuticals**

**Participants :** 30 pax

**Course Objectives :** At the completion of this Workshop Clinicians will be able to weigh up the pros and cons of the modern treatment for Endometriosis and make an informed decision on how and who should manage the patient suffering from this most enigmatic disease.

**Course Description :** The treatment of endometriosis can provide a Surgical challenge for the gynecological surgeon. Multiple organ involvement which can include the bowel and bladder and will often take the gynecologist out of his/her zone of surgical comfort and expertise. Although the involvement of other surgical experts will often relieve the stress on the gynecologist, the single most important question to be answered is "Is the surgery really necessary and am I the best person to be performing the surgery?" It is also well known that quite often it is the first surgery which is the key which leads to better results and lesser recurrence and re-intervention rates. Here the importance of a thorough pre-operative workout , referral of patient when necessary, team work that comprehends not only the surgeons in their different specialties but also radiologists and ultra-sonographers well versed in endometriosis. Symptoms associated with endometriosis are, as we all know, very variable and do not necessarily reflect the seriousness of the disease with mild forms resulting in debilitating symptoms and severe disease sometimes discovered as an incidental finding. The decision to perform surgery is generally made on the severity of symptoms and the success or failure of previous interventions whether medical, surgical or both. Surgical decision and extension of surgery depends also whether the indications for surgery are pain, infertility or both. Surgical treatment of severe disease particularly when bowel is involved is associated with significant complications which may indeed be life threatening. The involvement of other surgical specialists may, to some degree, alleviate these risks but even in their hands, they remain real. Whether or not to proceed with surgery is decided between the gynecologist and the patient once all the facts are known and all the potential risks explained. During this debate two expert gynecological surgeons experienced in the management of endometriosis will put forward valid arguments, based on published research and personal experience, for and against radical surgical intervention.



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#### Program :

08.30 am	Welcome and Course Introduction	
08.45 - 09.15 am	Counselling for women with Endometriosis	<i>Kurian JOSEPH</i> (India)
09.15 - 09.45 am	Laparoscopic Retroperitoneal anatomy	<i>Resad PASIC</i> (USA)
09.45 - 10.30 am	Diagnostic tools for Endometriosis	<i>Matteo SALDARI</i> (Italy)
<b>Coffee / Tea Break</b>		
10.45 - 11.15 am	The role of Surgery in fertility preserving or enhancing : An update	<i>Kurian JOSEPH</i>
11.15 - 11.45 am	Steps to correctly approach surgery for Endometriosis	<i>Abri de BRUIN</i>
11.45 - 12.15 pm	Medical treatment of Endometriosis : updates	<i>J. Gichuhi WAYOIKE</i>
12.15 - 12.45 pm	Recurrences : Operate or do not operate?	<i>Kurian JOSEPH</i>
<b>Lunch</b>		
13.30 - 14.00 pm	Bowel surgery for Endometriosis : shaving or resection?	<i>Abri de BRUIN</i>
14.00 - 14.30 pm	Urinary tract Endometriosis	<i>Matthew SIEDHOFF</i> (USA)
14.30 - 15.15 pm	How to avoid complication in surgery for Endometriosis	<i>PG PAUL</i> (India)
15.15 - 15.45 pm	Endometriosis and IVF	<i>Stergios TZITZIMIKAS</i> (Greece)
15.45 - 16.00 pm	Evaluation test	



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